

Support available for the Farming/Agriculture community. Updated 6 March 2025

Organisation	Name of Service	Support type	Topic	Price	Age	Webpage	Description	Delivered	How to access
RABI	Click and Chat	Texting support	Mental Health	Free	11+	Here	Our comprehensive platform provides safe, anonymous, text-based counselling, peer-to-peer chat groups, and helpful articles on mental wellbeing. It's monitored by professional counsellors, ensuring a safe and supportive environment for you to connect. Since 2021, RABI has partnered with the UK's leading provider of online mental health support, offering two platforms: Kooth for young people 11 to 17, and Qwell for adults 18+.	Texting	Via Kooth and Quell websites
RABI		In person/phone/online counselling	Mental Health	Free		Here	Working with BACP registered, farming-focused trained counsellors, we ensure that our farming community can access support quickly and without barriers.	Face to face/phone/online	Freephone 24/7 – 0800 188 4444 Email help@rabi.org.uk
RABI		Helpline	General	Free		n/a	Whenever you're ready to talk, call our free, confidential helpline.	Phone	Call 24/7 - 0800 188 4444
Samaritans	Listening service	Helpline	General	Free		Website	Whatever you're going through, call us free any time. We offer a safe place for you to talk any time you like, in your own way – about whatever's getting to you. We won't judge you or tell you what to do, we'll listen.	Phone Email	Call 24/7 - 116 123 jo@samaritans.org
RABI		Training	Mental health	Free		Website	Having the confidence to start conversations about mental health with family, friends, colleagues, customers or clients is a skill that more of us need. To support people in our community to feel more confident talking to each other about how they are feeling, we have launched accredited mental health training that's tailored to farming people. This is an important step towards normalising the conversations around farmer wellbeing. We believe having the right tools to start talking about mental health can make a big difference. Training can break down barriers and help ensure farming people who need further support can access it more easily. Three levels of farming-focused training are available, including half-day, one-day and two-day courses. These are delivered by our specialist provider of mental health training.		Call 24/7 - 0800 188 4444
RABI		Expert support	Financial Support & Grants	Free		Website	Financial support remains a crucial element of our offer. Supporting low-income farming people with their personal finances, as well as all eligible farming people during times of financial crisis, RABI awards around £3million of direct financial support each year. We also offer short term/one off monetary grants for a broad range of personal, financial crisis needs such as: – Food, utility bills, rent and council tax assistance, – Essential home repairs, – Personal need/critical transportation costs Financial support when training will increase the opportunity to gain off-farm income that supplements the primary farm income, such as: tree surgeon, forklift, crop spraying, foot trimming, sheep shearing, scanning. Funding for owner occupier or tenant farmers where additional farmworker support is required due to accident, illness or other crisis situations. Independent Living Grants enabling older people to live in care homes near their loved ones and provide independent living adaptations and aids for farming people of all ages.	Various	Call 24/7 - 0800 188 4444
FCN		Helpline	Business/finance	Free		Website	To talk to a sympathetic person who understands farmers and rural life. We can help with: * Difficulties with finance * Banking relationships * Tenancy issues or eviction * Rural Payments Agency * Bureaucracy * Business Partnerships	Phone	Tel 7.00-23.00 365 days 03000 111 999
FCN		Helpline	Physical health and Mental Health	Free		Website	To talk to a sympathetic person who understands farmers and rural life. We can help with: * Stress * Depression * Isolation * Long term illness * Accidents * Alcohol or drug dependency	Phone	Tel 7.00-23.00 365 days 03000 111 999
FCN		Helpline	Family, finances and succession	Free		Website	To talk to a sympathetic person who understands farmers and rural life. We can help with: * Retirement * Succession * Relationship break-up * Home and Property * Pension * Making a Will	Phone	Tel 7.00-23.00 365 days 03000 111 999

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FCN		Helpline	Farming - livestock and arable	Free		Website	To talk to a sympathetic person who understands farmers and rural life. We can help with: * Animal health * Animal welfare * EID/BCMS & Animal passports * Arable Farming	Phone	Tel 7.00-23.00 365 days 03000 111 999
FCN		Training	Mental health	Free		Website	FCN offers training for people in the agricultural sector looking to learn more about mental and physical wellbeing and looking after ourselves and others. This workshop is also great for small businesses or large organisations working with farmers. It comes with a handy workbook, which includes a wellbeing planner for you to fill in during or after the workshop concludes.	Online and in-person	Email training@fcn.org.uk
FCN/MacMillan		Expert support	Cancer	Free		Website	Involved in a UK-wide partnership with Macmillan Cancer Support which is helping to improve support available to those living with cancer in farming communities & rural areas. As part of this partnership FCN is working closely with Macmillan Cancer Support, including raising awareness in rural communities of the signs and symptoms of cancer and building referral bridges to and from Macmillan's services.	Phone	Macmillan Support Line is available on 0808 808 00 00, seven days a week, 8am to 8pm
FCN	FarmWell online resources Information - Support - Resilience	Online information and links to other resources	General farming information	Free		Website	FarmWell, launched in 2019 by The Farming Community Network, provides useful information to help keep your business, and yourself, resilient through changing times and plan positively for the future. FarmWell is an online platform that provides: * Information about keeping your business resilient through change * Links to the most useful and user-friendly information sources across all farm business areas, where you can find information to help you plan successfully and efficiently * Information to help you, your family and your staff stay resilient through change * Articles, tips and programmes for keeping fit and healthy * Support and help if you need it * Guidance on how you can access additional support and mentoring, both from a business and personal perspective, should the need arise.	Online	Website
LRSN		Physical health check	Physical health and Mental Health	Free		Calendar	The Health Check aims to lower your risk of getting conditions that affect the heart and blood vessels, such as heart disease, stroke and kidney disease. Many of the warning signs for these conditions, such as high blood pressure and high cholesterol, do not have symptoms. The Health Check helps you find out if you are at risk of getting these conditions so you can take action to improve your health. This could include making lifestyle changes or taking medicines.	Melton Cattle Market	Drop in
Yellow Wellies	Mind Your Head	Campaign	Mental health	Free	Young Farmers	Website	Our latest research revealed that 95% of farmers under 40 believe that mental health is the biggest hidden problem facing farmers today. In 2018 we launched a campaign – Mind Your Head – to raise awareness of this growing issue in the industry and, since then, one thing has become evident; farmer health and wellbeing can not, and should not, be ignored – by any of us.	Online	Little book of minding your Head
Yellow Wellies		Training	Variety of training offers in four key areas: * Engagement * Education * Communication * Research				Our focus is on preparing the next generation to be responsible, confident and safe farmers of the future and our ambition is clear – to find a way to stop farmers having life changing accidents and dying at work. We're funding training at colleges throughout the UK to highlight the risks involved in farming and offer practical solutions to addressing these risks. We are also researching the attitudes to farm safety to discover how to challenge and change this risk taking behaviour. And we're sharing the work and advice of our farm safety partners. We've already made progress in understanding the issue. Now, we're reaching further and doing more than ever before. The Foundation has four strands based around creating relationships via face-to-face activity.		
Addington Fund		Grant/loan/funding	Housing			Website	If you have to leave your farm, through no fault of your own, and this means you will lose your home, you may be eligible to apply to our Retirement Housing Scheme. We buy houses for sale on the open-market, to rent to farmers who have to leave their farm, perhaps because of ill health, retirement or non-viability of the farm and by doing so, will also lose their home. Often, there is no suitable housing available locally, with the surge in house prices over recent decades putting properties out of reach.	n/a	Sue English on 01926 620135 or email sueenglish@addingtonfund.org.uk
Addington Fund	Affordable Housing Scheme	Grant/loan/funding	Housing	n/a		Website	If you work or have worked in agriculture and other rural industries and you need a place to live to continue contributing to the countryside economy, you may be eligible to apply for our Affordable Houses scheme. Offering affordable rents to ensure rural workers on low incomes are not disadvantaged by open market prices, this scheme is a key part of what we want to contribute towards – a vibrant and sustainable countryside where rural workers like you can afford to live, work and be happy.	n/a	* Call 01926 620135 * Email enquiries@addingtonfund.org.uk * Contact form on website

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Addington Fund	Forage Aid	Grant/loan/funding	Livestock at risk through weather/act of God	Free		Website	<p>Are you a UK farmer who needs help because your animals are suffering in the aftermath of extreme weather or an Act of God? Or do you want to offer help to these farmers? We help farmers whose feed or bedding supply has been disrupted by sourcing & distributing support.</p> <p>The charity was set up by farmers in 2013 to help farms that had been hit by heavy snow and were struggling to feed livestock. Since then Forage Aid has helped over 150 UK farms by sourcing & coordinating more than £850,000 worth of goods and services donated by fellow farmers, businesses and other charities.</p> <p>Who do we help? Forage Aid supports UK farmers (with a Defra holding number) who face a clear and present risk of the livestock suffering due to extreme weather or an Act of God.</p>	n/a	Register on the website to apply for help
Addington Fund	Farmworker grants for essential home goods	Grant/loan/funding	Housing furnishing or white goods	Free		Website	<p>If you currently work as, or have retired from being, a farmworker (working on someone else's farm which is a registered agricultural holding) and on a low income in England or Wales, we may be able to help you. We provide grants to make sure you are adequately equipped with essential furnishings in your home, or other necessary items.</p> <p>In qualifying circumstances, we can offer a single grant of up to £1000 to purchase white goods for the home, or other items where alternative funding isn't available.</p>	n/a	Grant Enquiry Form
Addington Fund	New Entrants Scheme	Career support	Match candidate with farm	Free	Young farmers	Website	<p>Are you ambitious with designs on a career in agriculture? We want to encourage the best new talent to bring fresh ideas and progressive thinking to UK agriculture so that they can, in time, make a telling contribution to the industry. That is why we have recently launched our New Entrant Scheme to match the candidates with appropriate farms that we acquire. Its sole aim is to help people new to the industry farm in their own right.</p> <p>The scheme will be run with national partners including banks, land agents and retailers. In doing so, we want to give new entrants unique access to knowledge and expert advice that will help guide them as they build profitable businesses that will stand the test of time.</p> <p>If you are interested in benefiting from this new scheme, please revisit this page in the future for details of how to apply when legacy farms become available.</p>		Visit web page to see when opportunities become available.
Farming Help	Single point of access	General		Free		website	The Farming Help partnership is a collaboration between The Addington Fund, The Farming Community Network and Forage Aid and is supported by The Prince's Countryside Fund.		7.00 to 23.00 365 days Call 03000 111 999
Addington Fund	Addington Emergency Fund	Grant/loan/funding	Disaster relief	Free		website	<p>Our emergency fund is here to support you if extreme weather events, accident or illness, or certain animal disease outbreaks, affects your farming business. Over the last two decades, we have provided disaster relief during outbreaks of Foot & Mouth, Avian Flu & Swine Fever.</p> <p>You can count on us when the weather has a major impact too. When severe weather causes problems, we can send essential commodities to your farm. Via a network of approved suppliers, we will ensure you have all-important supplies of compound feeds, silage, hay, straw & straights through our Forage Aid fund.</p>	n/a	Complete form here
National Federation of Young Farmers	Community Group	Community Group	Young farmers	Free	Young farmers	website	The National Federation of Young Farmers' Clubs is a rural youth organisation and in the United Kingdom. The Federation covers various Young Farmers' Clubs throughout England and Wales, helping support young people in agriculture and the countryside. It does not include YFCs from Scotland or Ireland	n/a	Join your local club
John Longwill Agricultural Scheme	Variety of funding support	Grant/loan/funding	Young farmers	Free	Young farmers	website	The purpose of the Scheme is to promote agriculture in the County of Leicestershire by making grants/loans to farmers, loans for the purpose of assisting the operation of Young Farmers Clubs and grants/loans towards the cost of education at an agricultural college of persons proposing to farm land in the County.	n/a	Contact: Salusburys Harding & Barlow Solicitors 3 Wycliffe Street, Leicester, LE1 5JT Phone: 01162626052 Email: hw@shbsolicitors.co.uk
Turning Point		Substance misuse	Various		18 and over	website	Whether you come to us with drug or alcohol issues, a mental health concern, or a learning disability, we'll give you the individual support you need.	n/a	Visit the website to find out more. Make a referral here .
Turning Point - Young People's Team		Substance misuse	Various		Up to 18	website	Our young people's team can help you find out the facts about drugs & alcohol & make changes where you want to. Also support young people affected by someone else's substance use.	n/a	Visit the website to find out more. Make a referral here .
Shout and Hawkstone	Hawkstone	Texting support	Mental Health	Free		Website	<p>The pressures of work can leave farmers isolated, desperate for help, and suicidal. That's where Shout comes in. They run a 24/7 messaging service to support anyone who's struggling to cope. They've been a lifeline for people feeling sad, lonely, or suicidal, so we've teamed up to show our support.</p> <p>We want to make sure you know Shout is here to listen, whenever you need. Talking might seem like a big step, but it can make a huge difference to your wellbeing.</p> <p>All you need to do is text HAWKSTONE to 85258 to start up a conversation and get the support you need.</p>	n/a	Text 'Hawkstone' to 85258 24/7